



venom

HOW TO DONATE

Please pack your donations in a box and clearly mark the items on the box using a dark marker. You can drop donations to the following drop-site

Hope for Help Foundation
Unit 1B, VW house
Salinas Lane
Chadwell Heath
Essex
RM8 1QH

For further information call Aatif Chaudhary on 0800 612 8984 or 07903656131 or alternatively email info@hopes.org.uk.

Please visit www.hopes.org.uk to find out the other ways to help

Hope for help foundation UK is collecting the following items for Pakistani flood victims. We will start shipping containers of food, medicines and clothes from September *insha-Allah*.

We accept following items:

Medicines: Anti-typhoid; Anti-cholera; Anti-malaria; Anti-tetanus; Anti-diarrhea; Anti-snake

Personal Hygiene Kit: Soap; Hand towels; Toothpaste, Toothbrush; Female sanitary pads; Diapers/pampers; Washing powder/soap



The scale of the disaster is so great that the number of people affected have exceeded the population of Australia, also the land affected is as vast as Italy

Food Items: Dried Milk for children and families; Dates; High nutrition biscuits; Food packets consisting of tea; Sugar; Milk powder; Vegetable oil; Pulses and spices, Mineral water, Canned Foods (if meat then must be Halal, otherwise vegetarian - but canned foods only); Cereals

Clothing: New (or as new) clothes; Shoes; Bed sheets; Kitchen utensils and other household items

Other items such as: 2 x Bottles water (1.5 Litres), 2 x Six pack of juices (250 ml), 3 x High energy packets biscuits; 1 x Milk Pack (1 Litre), 1 x Packet of dates, 2 x Anti Septic Soap Bars, 1 x Bottle of mosquito repellent, 1 x Pack of paper cups, 6 x Sachets of ORS (Oral Rehydration Salts), 1 x Box of chocolates

Please donate generously and help us help them